

TCA Cafeteria News

LUNCH PRICES:

- 1 LUNCH \$3.00.
- 5 LUNCHES \$15.00
- 16 LUNCHES \$48.00

All monies should be in a sealed envelope with your child's name and classroom clearly marked on the outside.

Make checks payable to:

Trenton Catholic Academy

Sharon McLoone
Food Service Director 586-8817

Welcome to another School year!

Please be aware that the High School complete lunch is now \$3.00.

The purpose of this newsletter is to provide you with as much information as possible to make you and your child's cafeteria experience an organized and delicious one.

Included are some important facts about your child's lunch program.

Purchasing Lunches:

Please purchase lunches ahead of time for the upcoming week or month.

If your child does not have any lunch credits or cash, the need to see an administrator to have a charge approved. The cafeteria staff will not allow a child to charge unless we are told otherwise from an administrator.

September has 16 lunch days. Please go over the September menu with your child to see what days they would like to purchase lunch and plan accordingly.

The menu is available on our school website and a menu will be posted in the cafeteria.

I am looking forward to meeting and feeding your children.

How does the Lunch Card work?

Your child is issued a "lunch card" with the appropriate paid lunch amount. If you send in \$3.00 your child will receive 1 credit on their card. If you send in \$30.00 your child will receive 10 lunch credits. The cards and money are sent to the cafeteria from the classroom teacher where we then credit the cards. Once the cards are credited they are kept in the cafeteria and given to your child when they come down for lunch. If your child is buying lunch

that day they will bring the card to the register to pay for lunch - we will then mark off one credit. If your child is not buying lunch on any particular day we do not get the card from the student because they have not come thru the lunch line. We can only mark off a lunch credit if the child brings us the card.

Any lunch credits that are not used are carried over to the next month.

If your child loses their lunch card we can not be

responsible for any lunch credits that may have been on the card.

Lunch can be purchased everyday at the register with cash also, if you choose to not use the lunch card system....but by using the lunch card your child goes through the lunch line much quicker.

When paying in advance all monies should be in a sealed envelope with your child's name and grade clearly marked on the outside.



MEET THE STAFF:

Ms. Marge – Cook/Server

Ms. Diane – Tickets/Register

Ms. Marie – Sandwiches/Register

Ms. Lorraine – Salads/Server

Ms. Roxann – Cookies/Server

Mr. Larry - Snacks

*“Did you Know??
That 70% of our kids
aren’t getting enough
calcium!
Milk is offered with
every lunch here
at TCA.*

**Hidden Sources of
Calcium:**
Baked Beans
Collard Greens
Spinach
Almonds
Broccoli

What you get for your Money

Some of the benefits of purchasing lunch at TCA are:

- Well balanced nutritious lunches
- Variety
- Convenience
- Knowing all profits go directly back to benefit TCA

The lunches always includes:

3 ounces of Protein,
1/2 Cup of Fruit or Fruit
Juice,
1 Cup of a vegetable,
1 Bread choice
Milk Choice

Lunch Choices are:

Hot Lunch (changes daily)
Burgers
Chicken Patties
Hot Dogs
Deli Sandwiches and Wraps made to order
Soup of the Day
Chicken Caesar Salad
Chef Salads
French Fries

Birthday Cookie Club

Otis Spunkmeyer

cookies are available to purchase for your child’s birthday celebration. Cookies are \$.50 each. They will be delivered to your child’s class – hot from the oven- along with a surprise birthday gift from the cafeteria staff.

A 24 hour notice is needed to order. Choices are Chocolate Chip, Sugar and Carnival.

Our snack area has numerous ala carte items to satisfy most any student. Some choices include hot pretzels, bagels with cream cheese or butter, *Frito Lay* chip products, funnel cakes, *Otis Spunkmeyer* Cookies, nachos with cheese and Snapple Beverages and water.

RECIPE OF THE MONTH

September Shrimp Roll

1 lb. Large peeled, cooked Shrimp, ¼ C corn kernels, ¼ C. Mayo, ¼ C. Pesto, 2 TBL. Lemon Juice, ½ Red Bell Pepper diced, 3 Scallions thinly sliced, salt & Pepper to taste

Cut shrimp into bite size pieces and toss all ingredients together and serve on a Hot Dog Bun. Makes 4 Servings.

“Free & Reduced” Lunch Program

If you were a part of the “Free & Reduced Lunch” program last year, your child will be covered until October 1, 2009. You must reapply again this year to continue your participation. If your coverage lapses you will

be responsible for the full lunch price until your application is approved again. If you have not received an application, they are available in the main office.